

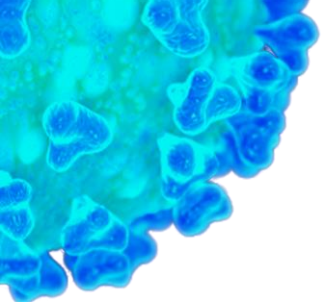
Return to School Information for Parents and Public COVID-19: What you need to know





Welcome to School September 2020

- The Department of Education and Early Childhood Development (EECD), ASD-S and Public Health continue to work together to develop guidelines for a safe and healthy learning environments in schools
- The environment in which staff work and students learn has changed, and will continue to change as we learn more about COVID-19.



Guiding Principles

Mandate

- Provide quality, curriculum based education, for all public school students. Getting students to school is essential
- Learning will continue full time whether at school or when there is a need for self-isolation
- Every school has a COVID-19 Operational Plan to help guide staff, students, families and general public. The plan will be reviewed monthly by the school administrators.



COVID-19

Why is it called COVID-19?

- CO (Corona – Latin for crown)
- VI (Virus)
- D (Disease)
- 19 (for 2019 year discovered)

Why is COVID-19 Different?

- It is a new coronavirus
- People do not have a natural immunity
- There is no vaccine

How Does COVID-19 Spread?



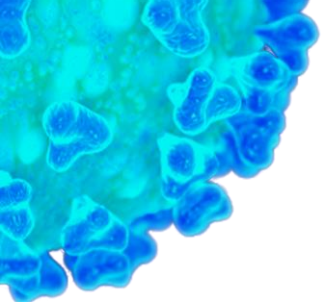
- By direct contact with respiratory droplets of a person infected with COVID-19. The droplets come from the person breathing, speaking, coughing or sneezing.
- It can also be spread by a person touching a surface that has the COVID-19 virus on it and then touching their eyes, mouth, or nose.

Myth Buster:

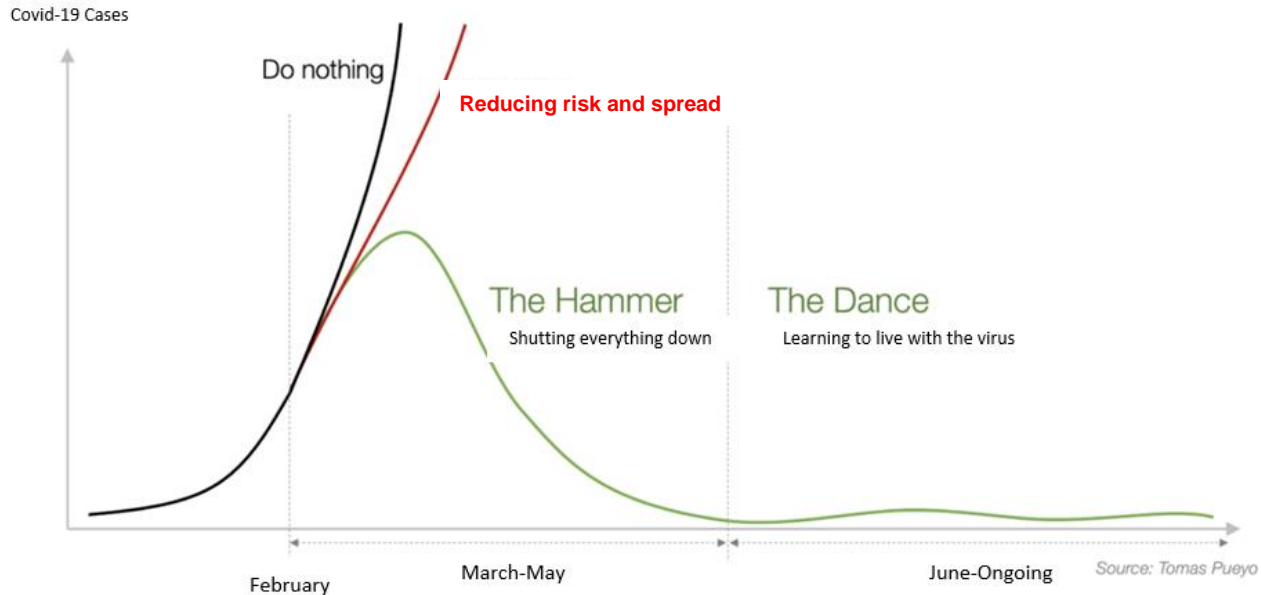
COVID-19 can be transmitted by mosquitoes, your shoes, and 5G Networks.



- COVID-19 is not spread by mosquitoes or 5G Networks.
- The risk is low of getting infected by the virus on shoes. Leave your shoes at the door as a precaution.
- Remember, the main way it is spread is by respiratory droplets.



New Brunswick FLATTENED THE CURVE ...and now we dance



“The Dance”- easing restrictions while using protective measures to reduce the risk of large outbreaks.

How to decrease
your risk of getting
COVID-19

Physical
Distance of at
least 2 metres



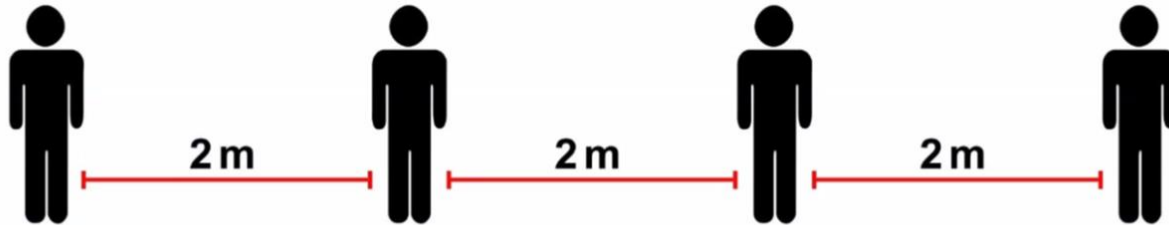
Frequent hand
cleaning. Keep
hands away from
your face.

Wear a
community mask,
if 2 metres
physical distance
is not possible

Stay At Least 2 Metres Apart.
A Little Space Can Make a Big Difference!



Physical Distancing



Steps for Effective Hand Washing



Wet hands



Apply Soap
Liquid or clean bar soap



Rub vigorously together
Pay special attention around nails and between fingers



Rinse well



Dry with paper towel
Use paper towel to turn off tap



Wash hands often



New Brunswick
Nouveau Brunswick

Tips for Using Hand Sanitizer

- Hand sanitizer with no added scent is a good option when hands do not look dirty.
- Alcohol-free, no added scent hand sanitizer will be available at schools
 - Entrances
 - Classrooms
 - Common areas – library, gym, cafeteria, etc.

Step 1

Dime size drop of sanitizer on hand



Step 2

Rub hands together, including between fingers



Step 3

Keep rubbing until hands dry, about 20 seconds



Wear a Community Mask When Necessary

While 2 metres of physical distance is best; when this is not possible a community mask is recommended.

A mask should:

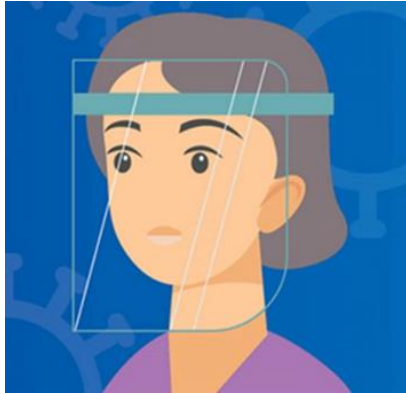
- cover the nose and mouth,
- have 2 layers of tightly woven fabric,
- not have an exhalation valve.

Click [here](#) to see a short video

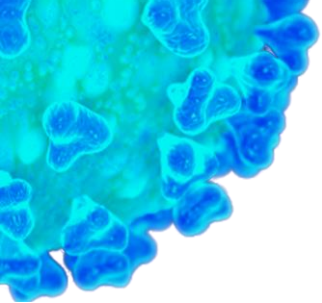


Myth Buster:

Face visors/shields are just as effective as masks for COVID-19 protection.



Face visors/shields without wearing a mask does not provide effective protection against COVID-19.



Help prevent the spread of COVID-19

Cover coughs and sneezes



OR



Into your arm not your hand

Into a tissue and throw in the garbage



OR



Wash your hands with soap and water for 20 seconds

Use hand sanitizer

Adapted from

WORK SAFE BC

Use
Cough
and
Sneeze Etiquette

Check Your Child Every Day Before They Leave for School.

If your child has **2** or more of these symptoms:



Keep your child home from school and call Telecare 811 or your primary healthcare provider for advice.

For the latest information visit: www.gnb.ca/coronavirus

New Brunswick

Outbreak Management

- An outbreak of COVID-19 is defined as one positive case.
- The Regional Medical Office of Health will contact the school or the school district if a positive case of COVID-19 is confirmed.
- The school principal must follow the orders of the Regional Public Health Office.
- Public Health will, through contact tracing and risk management, make decisions about who needs to self-isolate. This may require an individual or several individuals, a classroom or multiple classrooms or even a school population to self-isolate.
- Public Health will inform these individuals of when they can return to school.
- Click [here](#) for more information in the *Return to School: Guide for Parents and the Public September 2020*

Taking the BUS to School....

Click [here](#) for our ASD-S video

While waiting for the bus

- Children should keep 2 meters apart from those not in their bubble (household/classmate)

On the bus

- Grade K to 12 wear a mask while boarding and exiting the bus
- Sit in assigned seat
- K to grade 5 – one child per seat or 2 from same household
- Grade 6-12 – required to wear a mask if NOT sitting with someone from the same household

Walking or Driving to School...

Walking to school

- Children should keep 2 meters apart from those not in their bubble (household/classmate/close friend)
- Remind your child about walking safely. Walk on sidewalks. If no sidewalk, walk on the left side of the road facing traffic.

Driving Children to School

- If you drive children to school that do not live with you, keep track of the dates and times you drive them.

At School

Your child will be directed:

- Where to go
- How to move within the school
- How to exit the school

Grades	School
K - 2	As close to 15 students per group, as possible
3 - 5	As close to 22 students per group, as possible
6 - 8	Regular class size, in group
9-12	Blended learning between school and home

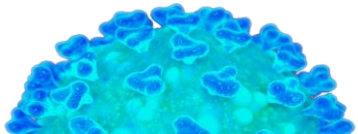
Use of Community Masks and Physical Distancing for Students

K-5 Smaller class sizes, stay in group	In class grouping	Community masks	Not required
		Physical distance	Not required*
	In common areas where class grouping is not protected	Community masks	Encouraged
		Physical distance	2 meters
6-8 Same class size, stay in group	In class grouping	Community masks	Not required
		Physical distance	Not required*
	In common areas	Community masks	Required
		Physical distance	2 meters
9-12 Smaller class size	In the classroom	Community masks	If unable to space by 1m
		Physical distance	1 meter
	In common areas	Community masks	Required
		Physical distance	Two meters

*Students will be taught age appropriate ways to distance and promote hygiene etiquette

Who is Allowed to Enter a School?


- Students
- School Personnel, including visiting teachers and other school personnel who travel between schools.
- Other essential services, as approved by the principal (i.e. Social Workers, Public Health Nurses, WorkSafe NB Officers, volunteers, etc.).
- Drop-in or unplanned visits by parents and guardians will be limited and not encouraged. Appointment is preferred.

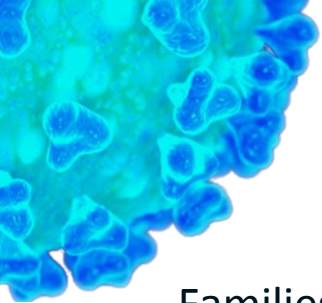


School Operational Plan

Your school's operational plan can be accessed on your child's school website starting September 3, 2020.

If you have any questions about the plan, contact the school principal.

 ASD-S Anglophone South School District		COVID-19 OPERATIONAL PLAN FOR SCHOOLS	
<p>To ensure each school environment safely applies risk mitigation measures consistent with Public Health guidance and the Occupational Health and Safety Act and Regulations. All schools, and district offices, must develop a written COVID-19 Operational Plan to provide the safe environment needed for students and staff. Refer to the <i>Return to School, September 2020</i> document and its appendices for primary support for the requirements listed below. This completed document shall be submitted to Clare Tooley, clare.tooley@nbed.nb.ca for review by August 26th, 2020. It will then be signed off by Zoë Watson or John MacDonald and returned to the principal for implementation and distribution.</p> <p>The following document is intended to provide a check list with spaces for each main topic area along with resources. This will help the plan owner, (school Principal), outline each school's Operational Plan. Communication plans must consider and include staff, students, parents/guardians, visiting community professionals, and public. The District Occupational Health and Safety Coordinator is expected to be the primary support for staff and students. School Joint Health and Safety Committees (JHSCs) should be considered integral to preparations and support for September operations and beyond.</p>			
School Name			
Principal (Signature)			
School District Official (Signature)			
Plan Implementation Date	September 2020		
<p>From October to May, minimum monthly review is required. Principal will sign below to identify when this plan has been reviewed internally (by the principal or JHSC) to assess any new risks or changes to regulatory guidelines; and as increased hazards/risk conditions warrant. Keep this original first page for a record of reviews as the rest of the document may change.</p>			
Name (October Review)	Date	Name (February Review)	Date
Name (November Review)	Date	Name (March Review)	Date
Name (December Review)	Date	Name (April Review)	Date
Name (January Review)	Date	Name (May Review)	Date
COVID-19 ASDS OPERATIONAL PLAN FOR SCHOOLS Page 1 of 23			



Vulnerable Students

Families should discuss with their health-care provider to determine if their child should physically attend school.

For students advised by their healthcare provider to stay home from school, the school, ASD-S and the Educational Support Services Teams consider the individual student's needs when planning the student's school year.

Note: include a student's needs such as: physical health, mental health or any other circumstance that requires them to learn at home.

If Your Child Feels Sick at School...

- They should tell their teacher or another adult.
- School staff will call the child's parent or emergency contact .
- Your school will have a designated area away from others where they will wear their mask while waiting to be picked up.
- Please arrange to pick up your child within 1 hour of receiving a call.
- It is important to have a backup plan for unexpected times that your child needs to be picked ups at school



If someone who lives in your house gets tested for COVID-19 because they had 2 or more symptoms...

Only the person who was tested needs to self-isolate until the test results are known,

- If over 16 years of age and has an NB Medicare number, they will be given directions on how to access their results online through MyhealthNB
- At this time, Public health will call anyone less than 16 years old or over 16 years old who does not have a NB Medicare number with the test results

Positive Test Results:

- Public Health will provide directions about self-isolation and will do contact tracing.

Negative Test Results:

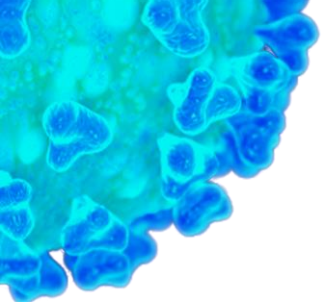
- If the test is negative, stay home until feeling better or only one symptom remaining. If you had a fever you must be fever free for 24 hours without the use of medication to treat the fever i.e. acetaminophen, ibuprofen before returning.

Appendix E: [Music](#)

Outdoor signing is best but...

- Kindergarten to Grade 8 students –
 - Can sing with their class group indoors when the weather prevents outdoor participation. Singing softly at a physical distance of two (2) metres is encouraged, even within a class group.
 - Students should be arranged so that they are not directly facing each other.
- Grades 9 to 12
 - Will maintain a physical distance of two metres while participating in music class or other music-related activities
 - They will be permitted to share instruments, provided they are cleaned between uses
 - Sing in large spaces like a theatre or large room to ensure they can properly physical distance

Extra-curricular music activities are on hold until further notice.



Appendix F: Physical Education

Physical Education Class

- Kindergarten to Grade 8 physical education within their class grouping/bubble
- High school 1 metre physical distance

Change rooms - cleaned a minimum of three times a day.

When using change rooms -

- Students in kindergarten to Grade 8 must stay within their class groupings
- Students in Grades 9 to 12 must maintain a physical distance of 1 metre

Shared equipment must be cleaned after use by a class grouping/bubble



Appendix F

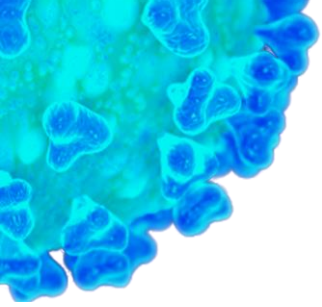
Interscholastic and Extra-Curricular Sport Activities (all grade levels)

If there is no governing body, the sport must have a province wide operational plan that complies with the standards outlined in the Return to School Plan: Direction for School District and Schools and includes any additional measures in place to ensure health and safety. The department will coordinate with school districts in the development of the provincial operational plans.

Sports – Must be included in each school operational plan

Intramural activities and extracurricular clubs – same rules as physical education class except if a zone in NB moves to orange or red, then all intramural activities will be suspended.

If an outbreak occurs in a school, regional Public Health officials will provide direction to the school regarding intramural activities.



NBIAA Sports – When NB in Yellow Phase

NB Interscholastic Athletic Association is the governing for high school sports as listed on the NBIAA [website](#)

Students will not be permitted to participate in more than one interscholastic or NBIAA sport at a time.



NBIAA Fall Sports – NB Yellow Phase

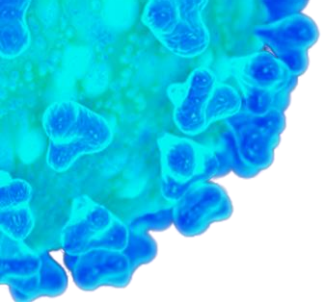
Regional and Provincial – golf

Provincial virtual competition - cheerleading

Conference Play Permitted – baseball, softball, cross country, swimming, badminton

Skills and Drills permitted now

- Field hockey - further review Sept for conference play
- Flag football, soccer – conference play Sept 22



NBIAA– NB Yellow Phase

Winter Sports

Skills and Drills permitted now

- Basketball and hockey - further review Sept
- Wrestling – on hold, further review Sept

Spring Sports

- Rugby and volleyball - on hold to be reviewed at a later date
- Track and Field - further review Sept
- Badminton – potential provincial play

Mental Health During COVID-19

It is natural to feel stress, anxiety, grief, and worry during and after stressful situations like a pandemic.

When parents and caregivers are able to deal with the COVID-19 calmly and confidently, they provide the best support for their children.

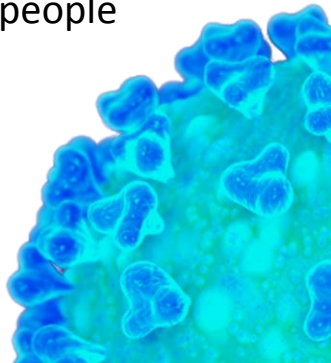
Reaching out for help is not a sign of weakness; it is a sign of strength.

ASD-S: school guidance counsellors and Child and Youth Team

CHIMO Helpline: Help is just a call away at 1-800-667-5005

Hope for Wellness Helpline: offers counselling and crisis intervention to all Indigenous people across Canada: 1-855-242-3310

Kids Help Phone - Text TALK to 686868 or call 1-800-668-6868 to chat with a volunteer Crisis Responder 24/7.



For further information, please consult with your school administrator, or the Anglophone South School District Office.

1-506-658-5300

[ASD-S website](#)

[Return to School: Guide for Parents and Public Sept 2020](#)

[Government of New Brunswick COVID-19 website](#)

Stay Connected for Updates:

Twitter: @ASDS_South

Facebook: @AngloSouthSchools

